

STUDENT EXEMPTION FROM PARTICIPATING IN PHYSICAL ACTIVITIES

No child will be excused from PE for more than three consecutive days without a doctor's note.

The doctor's note should specify if the limitation of physical activity should apply to other portions of the school day, i.e. recess, intramurals, etc. If the doctor's note does not contain such information, the school nurse will use her/his professional judgment regarding participation in other activities to ensure the child's health and safety. The child's parents will be notified. If recess is restricted for an elementary child, alternate activities will be offered the child consistent with the physical needs displayed. The restrictions will continue throughout the period designated by the doctor, or if the doctor does not indicate an end date in the initial request, the restriction will continue until the school receives a written release from the doctor. The nurse will fill out and distribute an activity restriction form to help ensure that important information regarding the child's limitations are communicated to the appropriate staff members.

Adopted: August 13, 2002